



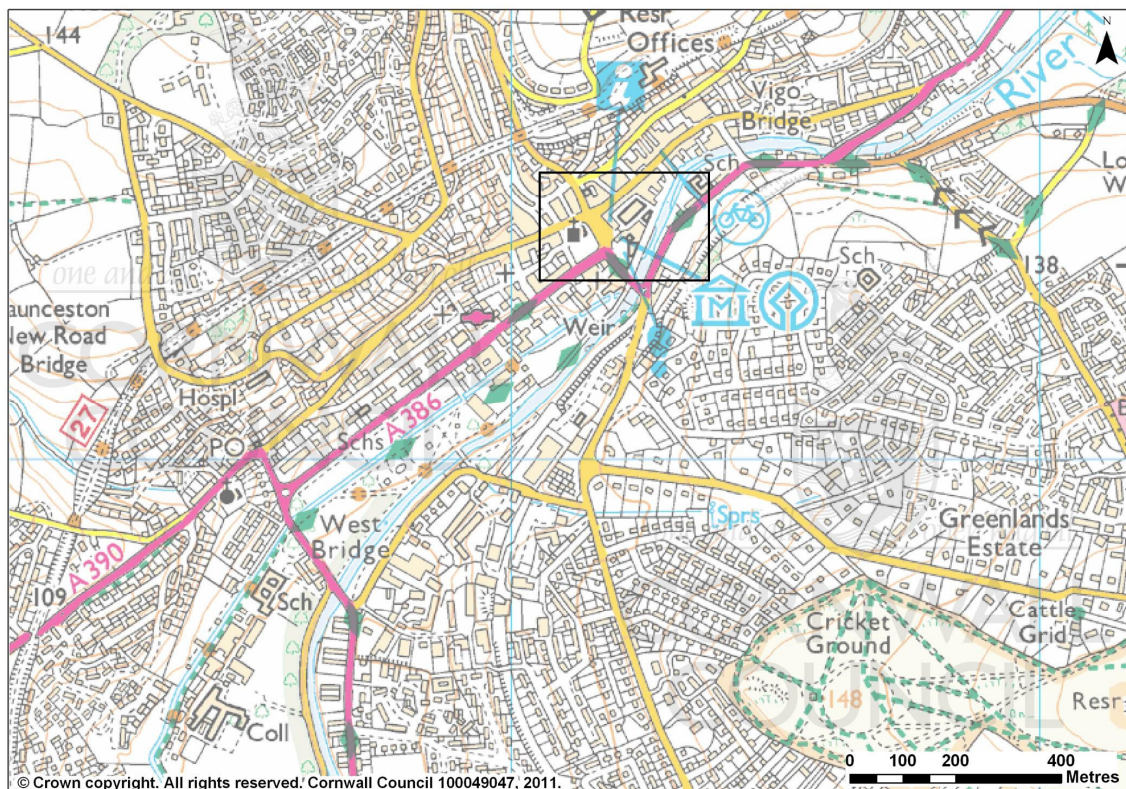
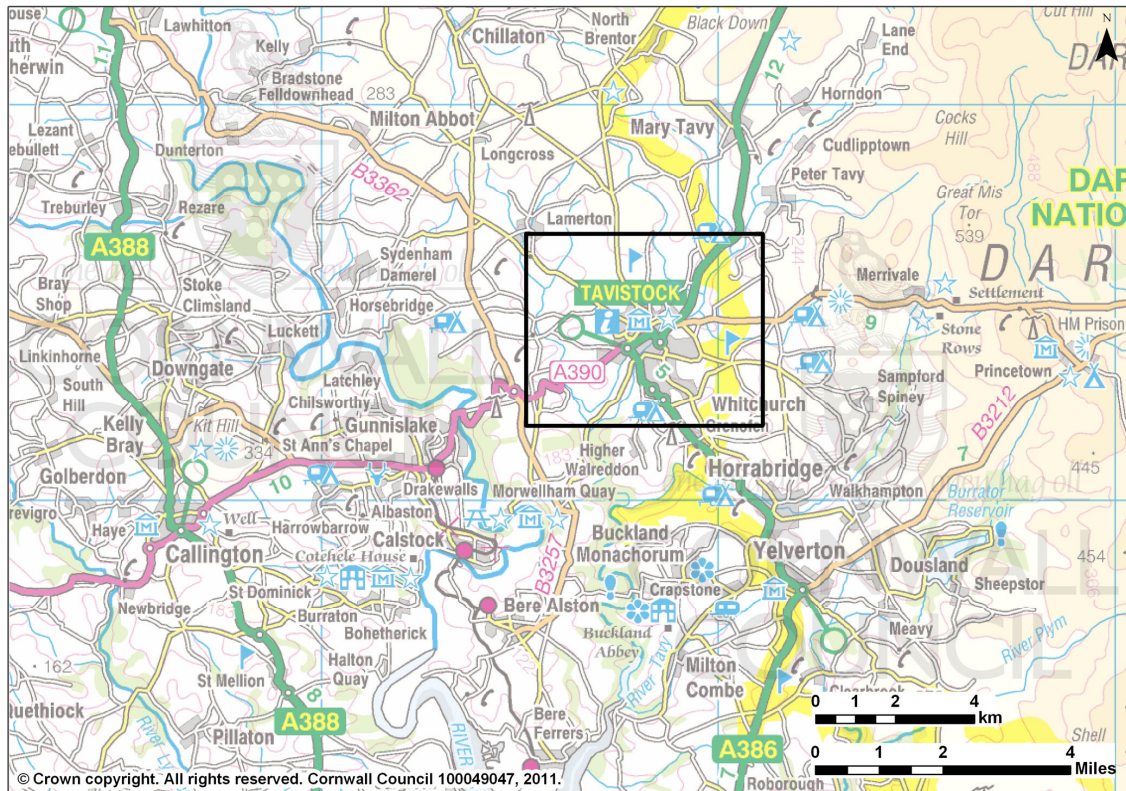
Audio Trail Five

The Duke of Bedford's Grand Plan: Tavistock Town

Approximate trail length 1.5 km/1 mile

Approximate walking time: Allow 1 hour

This trail explores the historic stannary town of Tavistock, the urban jewel of the Cornish Mining World Heritage Site.



Starting point: OS Explorer Map 108 SW482745 GPS 50° 32' 59.86" N 4° 08' 39.15" S
PL19 0AU

How to get there

For all latest public transport information please refer to www.cornwallpublictransport.info

By train

- 5 miles from Gunnislake station.
- 6 1/2 miles from Bere Alston Station. There is a proposed Tamar Valley Mining Heritage Project Trail which will be accessible from the station.

By car/bike

- From Plymouth follow the A386 north.
- From the A30 follow the A 386 south.

There are several Pay and Display car parks in the town, please follow the signs.

By bus

- Services 79 (Callington); 114 (Launceston); 115 (Gunnislake); 186 (Okehampton); 259 (Plymouth); 260 (Truro); X85 (Barnstaple/Plymouth).
All arrive at Tavistock bus station.

About the trail

- **Approximate walking time:** Allow 1 hour.
- **Grade of Walk:** Easy. The terrain consists of well maintained tarmac paths and pavements.
- **Accessibility:** Suitable for wheelchair users.
- **Toilets:** There are numerous toilet facilities in the town.
- **Health & Safety:** This walk takes in some fascinating features but also takes you along a pathway beside an unguarded and, at times, fast-flowing river and a busy road. Please take care not to place yourself or others at risk whilst enjoying the trail.

- **Other trails:** There are several other town trails with specific interests. These are available from the local Tourist Information Centre and Tavistock Museum.
- **Facilities:** Tavistock has a variety of cafés and pubs.

For further information concerning the World Heritage Site please contact :

Tel: + 44 (0)1872 322586 or www.cornishmining.org.uk

More information

Download the “Delve Deeper” guide to look at Cornish Mining in more detail at this site.